

Bedford Neighbors & Newcomers Club

Summer Newsletter

Volume 1, Issue 4

Presidents Message...

Well it is that time again when the torch is passed... however before Maria and I pass it, we wish to look back upon a wonderful year and thank all the members—it is because of you that BNNC thrives.

We started the 2007-2008 season with a new board and tons of changes. The website was the first of many endeavors...and Monique Ackley persevered, thus a new web site was born. We had our ups and downs getting it running, however take a look at it, it's beautiful! Kudos. Have you seen the kid party photos online? Shortly after we decided to give the Newsletter a face lift! Maria, Monique and I spent plenty of time discussing and arranging the ideas on how to meet the clubs needs. We also discussed how to distribute the newsletter. Email seems to work quite well – all while saving the club money. I can't help but love the safety points and members information page!

“Capitol Steps” at St. A's was a HUGE success. We had 40 members attend, laugh and take over the College Pub. Ladies' Night Out was also very popular as well as many of the other Special Interest Groups. Did you know there was free coffee at a few of the Tykes Around Town get together? TAT's My GYM outings were always sold out!!! And who knew a few drinks could make a White Elephant and it's gifts look so nice. Remember Couples' Night anyone – who did win the basketball game? Can we toast marshmallows on the bonfire?

We've had several new groups start up like Ladies' Lunch and Game Night. We also have a few new groups for the 2008-2009 year - Wine and Book, Running Club and The Dog Pound... Keep those ideas coming!!! You can send them to Susan Feldman.

On the community side we had a VERY successful “Spirit of Giving.” Our members made the New Life Home families very happy. A special thank you goes to Jennifer

Cannon for the wonderful gift of shoes and Allison Twite for hosting again. Sophia Johnson also opened her house “Shopping for a Cause.” Many members attended and the money raised went to a wonderful cause.

Did you LOVE the kid's parties! This year we held two HUGE kids parties that were free to all members. They were both the highest attended parties in the history of the club—and they were a BLAST! Both party planning committees had a great time, tons of ideas and did wonderful! Thank you ladies for all your hard work. We also wish to thank Michael's Crafts and Karen's Kitchen for all their help. The money we raised in advertising off set the parties cost.

Have you looked in the newspaper lately—Ruby Kooner has made sure BNNC is in there every week. She joined BNNC midway through the year and rolled her sleeves up, took the pen to paper and has made BNNC a media wonder! Thank you!

We ended this year with the Fireman's Ball—Allison Twite again took on the task of arranging tickets, emails and so much more, to pull off a wonderful event. BNNC had a strong showing of over five tables purchased at a drastic reduction in cost to our members. Everyone had a wonderful time! Take a moment to check out the summer schedule as well, there are a few new items such as Drive-In Night and a Water Park to name a few.

Well I think we could go on for pages! Thank you all for a wonderful year, Maria and I enjoyed being your presidents. We still will be around next year, however we will pass the torch to Susan Feldman in August for 2008-2009.

Thank you again for a wonderful year and enjoy the summer,

Maria Lynch & Luran Star Raduazo

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Member News!

Join us in sharing news and announcements of our members

2008-2009 BNNC Board

Your 2008-2009 Board is in great shape for next year with most positions filled. We still have a few positions open so please contact Susan Feldman at susanandjoel@comcast.net if you're interested.

Congratulations to...

Erica Schmitt and family on the arrival of their new baby boy!

Hudson Ryan was born Wednesday, April 2nd at 7:48pm. He weighed in at 8lbs, 1 oz!

WELCOME NEW MEMBERS!

Theresa & Andy Noble and their daughter Paige at 41 Polly Peabody

Linda & Drew Tonnesen with their children, Christian, Noah, and Erik at 115 Birkdale Road

Laura & Brian Pace with their two children, Jacob & Sasha at 36 Greeley Hill Road

Tami & Andrew Fleischacker at 53 Perry Road

Please contact Susan Feldman for more information about our newest members!

Kudos to Jodi Martin and Kristin Rinko for raising over \$6900 and walking in the Avon Walk for Breast Cancer in Boston!



Bravo to Monique Ackley for raising over \$2200 and walking over 30 miles for the Avon Walk for Breast Cancer!

And despite the blisters she's already looking for teammates for next year!

Congratulations to Pam MacDonald who crossed the finish line of the Boston Marathon at 4 hours, 3 minutes.

Great Work Pam!



Have something to share? Send your member news to monique@abrowncow.com to be added to our next newsletter! Make sure to use the subject 'bnnc member news' so it doesn't get lost in the shuffle.

2008 Family Cultural Series

The Town of Bedford Parks and Recreation Department will host the 18th season of summer concerts at the performance stage by the Town pool on County Road. All performances begin at 7:00 pm.

- July 8 Ben Rudnick & Friends - Family music
- July 15 Backyard Band - Family music
- July 22 Greg Cooney - Family music
- July 29 Johnny the K Show - Family entertainment
- August 5 Dana Perkins - Ventriloquist and Magician
- August 12 T-Bone - Music, Dancing, and Singing.

Summer Playtime!

Place: The Ann DeNicola Memorial Playground (a.k.a. Timbertown)

Date: Every Thursday at 9:30am beginning June 27th



Summertime Drive-in Fun!

So what are you doing tonight? Come join us at the Milford Drive-In. Bring a cooler, chairs, a blanket and relax with the family. Cost is \$20 per carload (up to 6 people).

Contact Lauran at lstar2@comcast.net for more information and to be notified of upcoming shows.

Pizza in the Park

Join us on July 15th and August 5th for pizza in the park!! The Town of Bedford is hosting their family cultural series on both evenings.

Let's start out family night at 6:30pm with FREE pizza and drinks sponsored by BNNC followed by live entertainment at the Performance Stage at the Town Pool. Other groups are set up to sell popcorn and ice cream so bring a little money if you want dessert.

On July 15th, it's the Backyard Band performing music for the kids. And on August 5th our entertainment will be Dana Perkins' entertaining magic and ventriloquist act.

Please contact Lauran at 641-1236 or Maria at 472-7807 if interested in attending...

Please RSVP so that we have enough pizza for everyone.



Kids Day Out!

Place: CoCo Key Water Resort, Sheraton Ferncroft in Danvers, MA

Date: June 6th 11am—2pm

The Bedford schools are closed for a workshop so come join us on June 6th from 11am - 2pm for the Coco Kids Playdate. CoCo Key Water Resort is a 65,000 square foot indoor water park. The park consists of a zero depth entry pool, lazy river, water slides, and much more. To learn more about the park, please visit their website at cocokeyresort.com.

Tickets are \$15.00 per person for children under 6 with an adult. Children under 2 years old are free. **All tickets must be purchased on-line only.** No tickets can be purchased at the desk. Infants/ children not toilet trained must wear swim diapers. Please visit the park's website for further information and to buy tickets.

If you want more information or have any questions, please contact Lauran Raduazo at 641-1236 or Maria Lynch at 472-7807.



Ladies' Night Out

Well, Ladies' Night Out is still on a roll! We have lots of exciting events going on all through the summer. So in between beach trips and vacation plans I hope you will mark your calendar for some great LNO. We meet the second Tuesday of each month at 7:30pm, unless otherwise noted.

Look for the evites for these great upcoming events...

June 10th at the Patio at the Manchester Hilton. There is no baseball game that night but it still will be fun to be sitting outside and enjoying the view.

July 8th join us at Jillian's on the riverfront at Philippe Cote Street in Manchester. It's July, who wants to be inside when we can have drinks over looking the river?

August 12th let's get smokin' at KC's Ribshack, come have some real southern bbq right around the corner on Second Street in Manchester.

If you're interested in joining us please contact Susan at susanandjoel@comcast.net to be put on the LNO evite list.

A Summer Couple's Night

Place: The Patio at the Manchester Hilton

Date: Friday August 15th, 6:30pm

I can only imagine how busy everyone's summer is going to be, but we can not forget to take care of the adults. Have your babysitters save the date for a Couple's night on August 15th. We are going to meet at The Patio in Manchester overlooking Fisher Cats Stadium for appetizers and cocktails. The Fisher Cats game starts at 7:05 pm, so try to arrive as soon as you can because I believe seats are first come first served. I will email everyone closer to the date as a reminder as well as to get a headcount for saving seats. It should be a fun, summer night watching baseball under the stars! Look forward to seeing you there!

Contact Allison Twite at 488-1883 if you have any questions.



Spring Farm Fair!

Place: Joppa Hill Farm, Joppa Hill Road

Date: Sunday, June 1, 3-7 pm

Come visit the animals and see what's new at the Educational Farm! Pony Rides! Make your own beeswax candles!

Food will be available from Carrabba's Italian Grill, T-Bones and Blake's Ice Cream.

There will be a Blessing of the Animals Ceremony with Justice of the Peace Jerry Penberg (www.nowordswilldo.com/).

To bring your leashed pet call 472-4724 to register.

Diane Frost, of the Animal Rescue League, will discuss dog safety and kindness to animals with her working dog Molly.

Music will be supplied by Blue Euphoria, a five-piece jazz band comprised of Bedford High School students.

Bonfire weather permitting.

The Educational Farm at Joppa Hill Summer Camp Program

Sessions run from June 23-August 15. Register at their website www.wheeducationalfarm.org or call 472-4724.



New Wine And Book Club

Starting in August, we will meet the 3rd Wednesday of every other month at a restaurant of our choice thus no need to clean and prep your home. Space will be limited to 12 members and our book focus will be on interesting women's issues. This will be a fun filled wine and book club, one where we can get together and discuss books hitting on some of the more comical women/mom issues while enjoying cocktails, all without needing to clean up a mess after!

Our first meeting will be August 20th at Unwined in Manchester.

Contact Lauran at 641-1236 or lstar2@comcast.net for more information.

Bedford Farmers' Market

Place: Benedictine Park, Wallace Road
 Date: Tuesdays, 3-6pm rain or shine
 June 17-October 14

Visit www.bedfordfarmersmarket.com for more information.

Bedford Town Pool

Free Day

Sunday, June 1st between 12- 6pm

The summer hours are Monday–Friday 1—7pm and Saturday and Sunday from noon—6pm.

The daily rates:
 \$4.00/ person or \$10.00/ family.
 Non-resident rates are double.

Season passes are available for \$100/ family.

The pool is located at 20 County Road.

Tykes Around Town

Place: The Met Children's Museum in Derry
 Date: June 17th, 10 AM
 Come explore all the museum has to offer with friends old and new!

Place: Ann DeNicola Playground
 (a.k.a. Timbertown)
 Date: July 23rd, 3:30 pm
 While away the witching hour with friends and fun at the Bedford playground. Lemonade and cookies will be provided.



Place: McDonalds, Second Street Manchester
 Date: August 25th, 12 PM
 Lunch and Play! Work off your Happy Meal at Mickey D's Playland.

Look for trips to the Concord Children's Museum and Festive Party, Manchester coming in the fall! Please contact Janet Frongillo with any questions and to RSVP at jrfrong@gmail.com.

Celebrate the 4th!

Manchester Fireworks
 July 3th over Arms Park on the Riverfront.

New Interest Groups for 2008-2009

Runner's Club:
 Get your running shoes on and join other BNNC members for a jog around town.

Wine and Book Club:
 Join Lauran and friends for some fun books and cocktails!

And don't forget about Fido!

Doggie Playdates:
 Join Monique and her dog Freya for romps around area dog parks.



To find out more information or to join, contact bedfordnewcomersandneighbors@yahoo.com.

Summer Blast Pool Parties

Come out and cool off with your friends!

July 25th from 3-5pm at Sophia Johnson's home.

Contact @ totowerehome@comcast.net

August 22nd from 3-5pm at Luran Raduazo's home. Contact @ Lstar2@comcast.net

Please contact the hosts (emails above) for more information...



Summertime Splash Day

Place: Liquid Planet, Candia, NH

Date: July 14th

Come join the club for a splash day at Liquid Planet, a new water park in Candia, NH.

Ticket prices TBA as we need a head count to determine our discount. **So please RSVP to Luran Raduazo at lstar2@comcast.net by June 30 if you wish to join us.**

Visit www.liquidplanetwaterpark.com to find out more.

The Best of New Hampshire

Date: Thursday, June 26th, 5:30-8:30pm

Place: Verizon Wireless Center, Manchester

Join New Hampshire Magazine as they hold their 7th Annual Best of NH awards party. Partygoers can sample food from dozens of restaurants, enjoy the entertainment and take a chance on thousands of dollars in door prizes, all celebrating the best New Hampshire has to offer.



Tickets are \$37 per person, \$15 for children. For more information visit www.nh.com/section/BESTOF.

Outdoor Recreation Equipment Swap

Place: Ross A. Lurgio Middle School gym

Date: Saturday, June 14th, 9am-1pm

What a great way to get gear and support your school!

Lots of discounted new and used camping equipment for sale; including day packs, tents, fleece pullovers, flashlights, first aid kits, sleeping pads, compasses and hats.

Bring used camping equipment to sell and receive 75% of the sale price with the remaining 25% going to the school.

Drop off time for sale items on Friday, June 13 from 4-7 pm pickup time for unsold items is Saturday June 14 from 1:30-2:30pm. Unsold items not picked up by 2:30 will be donated to the school.

2008 Rock n' Ribfest

Place: Anheuser-Busch, DW Highway, Merrimack

Date: Friday, June 20th, 4-11pm

Saturday, June 21st, 11am-11pm

Sunday, June 22nd, 11am-4pm

Come join the Rotary Club of Nashua for great food and entertainment on the beautiful and spacious grounds of Anheuser-Busch. This family-oriented event will feature nationally renowned professional "ribbers" and local award-winning restaurants providing mouth-watering food for everyone to enjoy. Add in great entertainment for children and adults and you have a recipe for fun and excitement. June 22nd is Military Appreciation day, Military personnel and family get in free!

Tickets are \$5 for adults while children 8 years of age and under are free. Food, beverages, inflatable games and the hot air balloon rides all have separate charges. We recommend purchasing the day pass for the children's rides and games.

You can check the info, get lists of vendors and all the events out at www.rotaryribfest.org.

June

- 1st—Joppa Hill Farm Fair
- 1st—Town Pool Opens
- 6th—CoCo Key Kids' Day out!
- 10th—LNO @ The Patio
- 14th—Lurgio Equipment Swap
- 17th—TAT @ The Met
- 17th—Farmer's Market Opens
- 20th-22nd—Rock 'N Ribfest
- 20th—Last Day of School

July

- 3rd—Manchester Fireworks
- 4th—Independence Day
- 8th—LNO @ Jillian's
- 8th—Summer Cultural Series
- 14th—Liquid Planet
- 15th—Summer Cultural Series
- 22nd—Pizza Night
- 23rd—TAT @ playground
- 25th—Pool Party
- 29th Summer Cultural Series

August

- 5th—Pizza Night
- 12th—Summer Cultural Series
- 12th—LNO @ KC's Ribshack
- 15th—Couples' Night
- 20th—Wine and Book club
- 22nd—Pool Party
- 25th—TAT @ McDonald's
- 27th—School Starts!

Let's give a huge **THANK YOU** to our outgoing 2007-2008 Board Members.
They kept us entertained and informed all while keeping the club growing and on the move!
Congratulations on a job well done!

Your Outgoing 2007-2008 Board Members

President(s)—Maria Lynch /Lauran Raduazo

Treasurer(s)—Jodi Coulter/ Julie Izsack

Membership—Sylvia Anderson/ Danielle Mazzella

Sunshine Committee—Pam MacDonald

Charitable/ Spirit of Giving—Sophia Johnson/ Julie Izsak

Newsletter/Website—Monique Ackley

Publicity—Ruby Kooner

VP Programs / Interest Groups—Susan Feldman

Babysitting Co-op—Danielle Mazzella

Book Club—Jodi Coulter

Bunco—Susan Feldman

Children's parties—Pam MacDonald, Kristen Ambrose,
Sophia Johnson, Maria Lynch, Ruby Kooner

Children's Playgroups—Susan Feldman

Coffee group—Sandra Agla

Couple's game night—Susan Zwickau

Couple's night—Allison Twite

Ladies' Night Out—Susan Feldman/ Kim Silha

Men's Poker—Mandeep Chopra

Potluck Dinner—varies

Tykes Around Town—Stacy Lobdell/ Kim Beekman

Wine and Book Club—Ruby Kooner



Summer Safety Tips

With the heat of Summertime just around the corner we wanted to share so of these safety tips from the American Red Cross:

Dress for the heat. Wear lightweight, light-colored clothing. Light colors will reflect away some of the sun's energy. It is also a good idea to wear hats or to use an umbrella.

Drink water. Carry water or juice with you and drink continuously even if you do not feel thirsty. Avoid alcohol and caffeine, which dehydrate the body.

Eat small meals and eat more often. Avoid foods that are high in protein which increase metabolic heat.

Slow down. Avoid strenuous activity. If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning between 4:00 a.m. and 7:00 a.m.

Stay indoors when possible.

Take regular breaks when engaged in physical activity on warm days. Take time out to find a cool place. If you recognize that you, or someone else, is showing the signals of a heat-related illness, stop activity and find a cool place. Remember, have fun, but stay cool!



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